



Vision

All residents of Western New York will have easy access to a full continuum of high quality behavioral health treatment and recovery services, which they can utilize without fear of stigma or discrimination.



Mission

Lake Shore Behavioral Health, Inc. promotes self-sufficiency, mental wellness and recovery, and an enhanced quality of life for all individuals with mental illnesses and chemical abuse disorders

by providing effective, accessible and culturally sensitive services.

Who We Are

Lake Shore Behavioral Health, Inc. is a private, not-for profit corporation governed by a volunteer board of directors. It is a charitable organization qualified under Section 501(c)(3) of the Internal Revenue Code. Lake Shore Behavioral Health, Inc. operates programs licensed by the New York State Office of Mental Health and the New York State Office of Alcohol and Substance Abuse Services.



Service Locations

Mental Health Clinic Treatment

- Lower West Side Counseling — 884-0700
951 Niagara St. / Buffalo 14213
- Linwood Community Services — 882-3151
625 Delaware Ave. / Buffalo 14202
- Abbott Corners Counseling — 822-2117
3176 Abbott Rd. / Orchard Park 14127
- North Collins Clinic — 337-3706
2107 Spruce St. / North Collins 14111

Mental Health Personalized Recovery Oriented Services

- Franklin Recovery — 852-1117
254 Franklin St. / Buffalo 14202
- Abbott Corners PROS — 822-2117
3176 Abbott Rd. / Orchard Park 14127
- North Collins PROS — 337-3706
2107 Spruce St. / North Collins 14111

Mental Health Intensive Services

- Assertive Community Treatment — 856-2587
430 Niagara St. / Buffalo 14201
- Homeless Services — 856-9711
430 Niagara St. / Buffalo 14201
- Blended Case Management — 856-2587
430 Niagara St. / Buffalo 14201

Outpatient Addiction Treatment

- Drug & Alcohol Abuse Services — 883-5344
951 Niagara St. / Buffalo 14213
- Maternal Support Program — 883-5344
951 Niagara St. / Buffalo 14213
- Abbott Corners Addiction Services — 822-2117
3176 Abbott Rd. / Orchard Park 14127
- Adolescent Substance Abuse Treatment — 819-0951
951 Niagara St. / Buffalo 14213
463 William St. / Buffalo 14204

Residential Substance Abuse Treatment for Women

- The Lighthouse Residence — 831-7877
244 Hempstead Ave. / Buffalo 14215

Vocational and Rehabilitation Programs

- Lake Shore Vocational Services — 852-1117
254 Franklin St. / Buffalo 14202



Administrative Office — 716-842-0440
254 Franklin St. / Buffalo 14202

For more info: www.lake-shore.org



Lake Shore Behavioral Health Agency Services

“Mental illnesses and chemical dependencies are treatable disorders from which individuals can recover.”

Howard Hitzel, Psy.D.
President, Lake Shore Behavioral Health

Mental Health Treatment

Treatment and Recovery from Mental Illnesses

Lake Shore Behavioral Health (LSBH) provides individual and group counseling for people experiencing a wide range of difficulties including stress, relationship and family problems, anxiety and depression, and serious mental illnesses such as schizophrenia and bipolar disorders. Lake Shore Behavioral Health operates three Outpatient Clinics and three Continuing Day Treatment Programs. Services include psychiatric assessment, professional support, case management, medication education and symptom management.

Intensive Services

Homeless Services -

LSBH provides a range of support and treatment services to homeless persons with mental illnesses. Services include: outreach, crisis intervention, mental health and substance abuse counseling, and linkage to housing.

Assertive Community Treatment (ACT) -

LSBH has two ACT teams to address the needs of individuals with severe mental illnesses who are non-responsive to traditional treatment and are in greatest need. Services include mental health treatment, intensive case management, vocational services, family support, and peer counseling.

Case Management -

Case managers provide consumers with services in support of treatment including linking, advocacy, monitoring and service planning.

Chemical Dependency Treatment

Outpatient Services

LSBH's outpatient chemical dependency programs offer a comprehensive menu of services, including group and individual counseling, psychiatric evaluation, case management and vocational services. Specialized services are available to pregnant and parenting women.

Intensive Residential Substance Abuse Treatment

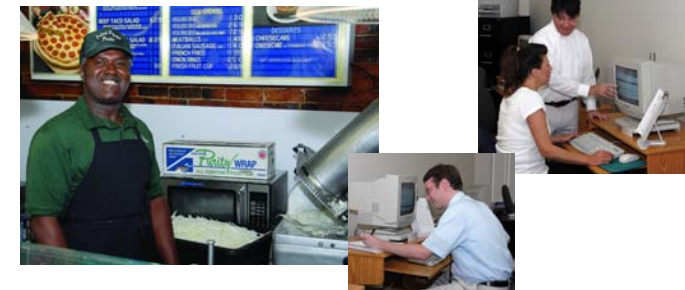
The Lighthouse provides comprehensive substance abuse treatment, parenting skills education and rehabilitation services for women struggling with serious drug abuse and addiction. The program accommodates 20 women and up to 26 children. Children live with their mothers and attend school or day care while their mothers are in treatment. Program stay is 9-12 months.



Rehabilitation Services

Vocational Services

LSBH offers vocational and employment services for individuals recovering from mental illnesses or chemical dependency disorders. Services include vocational assessment, job training, career selection, individualized job development, placement, and job coach support. Long term support is provided to ensure successful job retention.



Intensive Psychiatric Rehabilitation Treatment (IPRT)

The IPRT program, STEPS, offers individuals with mental illnesses the professional support necessary to clarify and achieve essential life goals. In this time-limited program, individuals make positive changes in living, learning, working and socializing.



All services are available in Spanish.