Mental illness affects one in four people and two-thirds of those affected will not receive treatment. From stress and relationship problems to addictions and schizophrenia, Lake Shore Behavioral Health is here to help. Over the past 40 years, we have built our reputation as an exceptional provider of person-centered mental health and substance abuse services at licensed locations throughout Erie County.

At Lake Shore Behavioral Health, we strive to provide the best, evidence-based therapy available. Our dedicated and compassionate team of professionals is committed to providing client-focused care in a culturally sensitive atmosphere.

We believe every individual is unique and has the potential for recovery.

WHAT WE DO:
- Mental Health Counseling and Rehabilitation
- Substance Abuse and Medication Assisted Treatment
- Adult and Adolescent Counseling
- Residential Substance Abuse Treatment for Pregnant & Parenting Women
- Homeless Outreach and Supportive Housing Services
- Health Home Services and Medicaid Care Management
- Vocational and Supported Employment Services

WHY LAKE SHORE?
- Client-focused, trauma-informed care
- Walk-in and same day appointments available
- Integrated mental health and addiction treatment
- Professional, licensed counselors, psychiatrists and nurses on staff
- Bilingual, bicultural counselors and interpretation services available
- Coordination with primary care physicians
- Referrals and linkage to other needed services

Lake Shore Behavioral Health accepts most health insurance plans including Medicaid and Medicare. A sliding fee, based on income, may be available for those without health insurance.

Licensed by the NYS Office of Mental Health and the NYS Office of Alcoholism and Substance Abuse Services. Supported in part by the NYS Office of Mental Health, NYS Office of Alcoholism and Substance Abuse Services and Erie County Office of Mental Health.

Welcome To Lake Shore Behavioral Health

Mental Health & Substance Abuse Treatment & Rehabilitation Services
for Adults & Adolescents

Locations in Buffalo, Orchard Park and North Collins
Walk-in and Same Day Appointments Available

For more information, referrals or appointments call:
(716) 884-0888

Lake Shore Behavioral Health
Mental Health & Substance Abuse Counseling
Mental Health Services

Outpatient Clinics
Lake Shore’s team of licensed professionals includes experienced certified social workers, rehabilitation counselors, nurses and psychiatrists. We provide evidence-based treatment and medication therapy for individuals experiencing mental illnesses including:

- Anxiety
- Bipolar Disorder
- Depression
- Family & Relationship Problems
- Obsessive compulsive disorder
- Post-Traumatic Stress Disorder
- Schizophrenia

Outpatient Clinics
Lake Shore’s Adolescent Services are tailored to specifically serve the needs of teens. Mental Health services, for ages 13 to 17, provide counseling, psychiatric evaluations and medication management for a wide range of mental illnesses. Addiction services, for age 17 and under, teach the skills necessary to live a productive, alcohol and drug free lifestyle.

Adolescent Mental Health & Addiction Services

Addiction Services
Lake Shore has a well established track record of innovative and effective treatment of substance abuse disorders. We use a holistic approach to treatment where participants learn the skills they need to become alcohol and/or drug-free while addressing problems in many life areas.

Addiction Services Outpatient Clinics locations:
- Abbott Corners
- Lower West Side Counseling
- Medina Family Counseling
- North Collins Counseling

Adolescent Outpatient Clinic locations:
- Abbott Corners
- Lower West Side Counseling
- Medina Family Counseling
- North Collins Counseling

Personalized Recovery Oriented Services (PROS)
Treatment, support and rehabilitation services for individuals with serious mental illnesses. Each client is able to tailor their treatment by choosing from a menu of services including individualized recovery planning, setting goals, life skills training, financial management, problem solving and coping skills.

Lake Shore also offers Cognitive Enhancement Therapy (CET) to consumers in our PROS program. CET is a groundbreaking evidence-based practice which helps people with schizophrenia and related mental illnesses improve their processing speed, cognition (cognitive memory and problem solving), social cognition and increase vocational readiness.

PROS locations:
- Abbott Corners
- Lower West Side Counseling
- Medina Family Counseling
- North Collins Counseling

OnTrack@LSBH
255 Delaware Ave., Buffalo
OnTrack ® LSBH is an innovative evidence-based treatment program for adolescents and young adults who recently have had unusual thoughts and behaviors. It helps people learn the skills they need to achieve their goals for school, work and relationships. OnTrack ® LSBH is for people between 16-25 years old with experienced symptoms for more than a week but less than two years and are willing to work with a diverse team of healthcare professionals.

Walk-in and same day appointments available at all outpatient clinics.
For more information and hours for walk-in appointments call 716-684-0888.

Assertive Community Treatment (ACT)
430 Niagara Street, Buffalo
A fully mobile team of mental health professionals who provide a wide range of community-based treatment and rehabilitation services to persons with serious and persistent mental illnesses. ACT is an evidenced-based practice model designed to provide service to individuals whose needs have not been met by more traditional mental health services.

Bilingual, bicultural counselors and interpreters available.

Mental Health Outpatient Clinic locations:
- Abbott Corners
- Franklin Counseling
- Health Mail Counseling
- Linwood Community Services
- Lower West Side Counseling
- Medina Family Counseling
- North Collins Counseling

Say Yes Satellite Mental Health Locations:
Through a partnership with Say Yes to Education, Lake Shore opened satellite outpatient locations in Lafayette and Riverside High Schools to provide mental health treatment to students. Students are referred to these services through their school family support specialist.

OnTrack ® LSBH:
- Abbott Corners
- Lower West Side Counseling
- Medina Family Counseling
- North Collins Counseling

Residential Treatment
The Lighthouse
244 Hempstead Ave., Buffalo
The Lighthouse program is a residential substance abuse treatment facility for pregnant and parenting women. It allows women with chemical dependency issues who require residential treatment to be with their children up to age 11 during treatment.

Vocational Services
Individuals recovering from a mental illness or substance abuse problems often have a goal of finding meaningful work. Lake Shore Vocational Services provides assistance for those who are interested in obtaining and maintaining employment in the community including career counseling, job placement, vocational case management, job coaching and supported employment.

Vocational Services locations:
- Franklin Recovery

Health Home Services
430 Niagara St., Buffalo
A safe home and residence for chronically homeless individuals with mental illness.

Haranmee House
108 Sycamore St., Buffalo
A safe haven residence for chronically homeless individuals with mental illness.

Lake Shore provides care management services to Medicaid recipients to help make sure an individual’s medical, mental health, substance abuse services as well as the other needs being met. To be eligible, a person must meet one of the following criteria:
- Two or more chronic health conditions such as asthma, diabetes, heart disease, mental illness or substance abuse disorder
- Significant Mental Illness
- Living with HIV/AIDS

Adolescent Mental Health & Addiction Services

Lake Shore’s team of licensed professionals includes experienced certified social workers, rehabilitation counselors, nurses and psychiatrists. We provide evidence-based treatment and medication therapy for individuals experiencing mental illnesses including: